



Restoring function after spinal cord injury: New research in neural stimulation

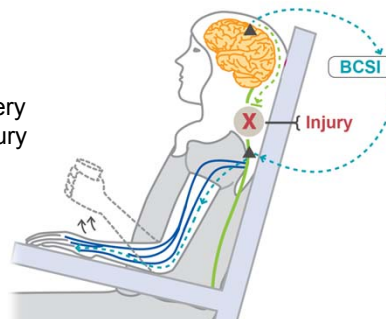
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Departments of Rehabilitation Medicine
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Goal: Restore limb function after SCI



Dual Outcome Goals

- ❖ Enable movements and promote recovery after incomplete injury
- ❖ Directly re-animate limb function after complete injury



Our Approach: develop a brain-controlled spinal interface (BCSI) to restore limb function after paralysis due to spinal cord injury

Three approaches to restore limb function after SCI

3. Brain Controlled Interfaces

BCSI

2. Intraspinal Microstimulation

1. Epidural Spinal Stimulation


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Epidural spinal stimulation to enable movement

Epidural spinal stimulation

- FDA approved for treatment of chronic pain
- In animal models, stimulation at L2 segment below an injury results in coordinated stepping if combined with treadmill training.
- Effect enhanced when combined with quipazine (5-HT agonist)

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Compressed 5:1
T1: 8 SE: 2
cm

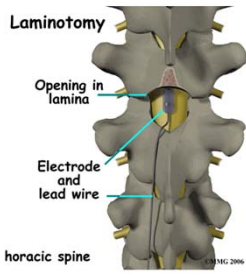
Epidural Stimulation


- A 23-year-old man with paraplegia from a C7–T1 subluxation
- MRI of the injury site revealed atrophy of cord segment adjacent to T1.
- ASIA - B (pinprick and light-touch sensation present below the lesion).
 - No motor function of trunk or leg muscles
 - flaccid anal sphincter, no voluntary bladder contraction.
 - Sensation abnormal below C7

Harkema et al, Lancet 2011

Epidural Stimulation Methods

- Multisite epidural electrode array implanted over L1-S1 spinal segments
- Therapeutic stimulation duration 40-120 minutes using frequencies of 5-40 Hz
- 7 months of stimulation paired with physical therapy movement training (standing, stepping, etc.)





Harkema et al, Lancet 2011

Without Epidural Stimulation



Attempts of voluntary movements (leg, ankle, and toe) **without** epidural stimulation

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Harkema et al, *Lancet* 2011

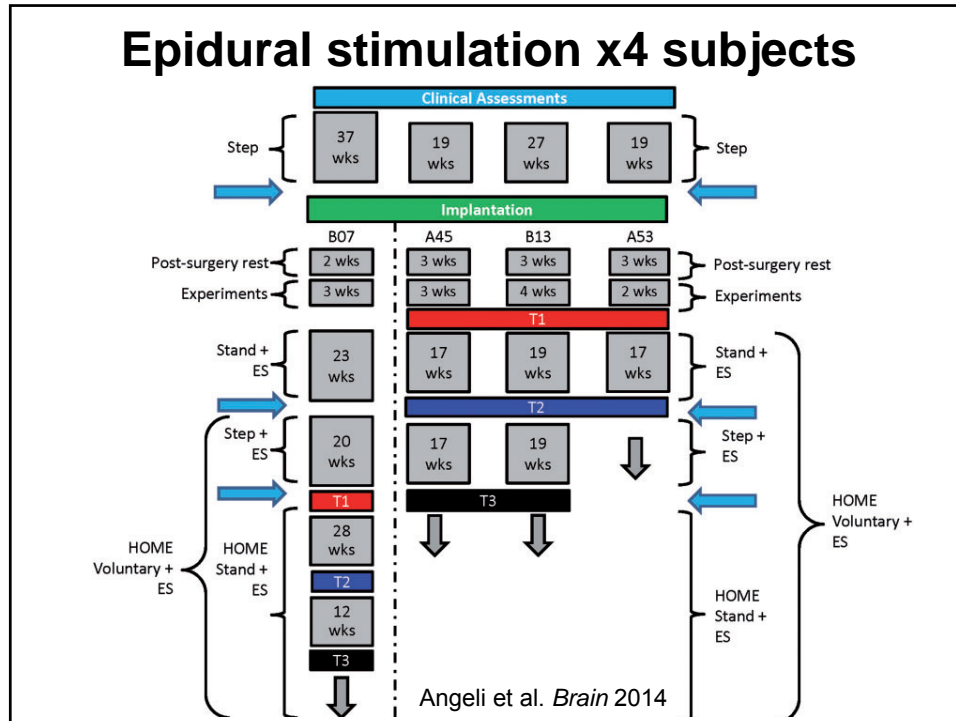
With Epidural Stimulation ON



Voluntary movements (leg, ankle, and toe) **with epidural stimulation** (4 V, 30 Hz)

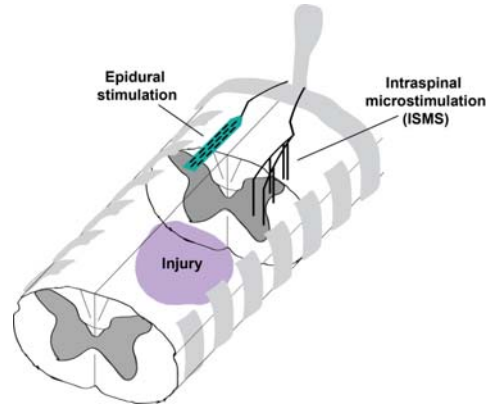
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Harkema et al., *Lancet* 2011, and Angeli et al., *Brain* 2014



Therapeutic intraspinal stimulation

- With rare exception, epidural stimulation only enabled movements during periods of stimulation.
- Intraspinal microstimulation directly activates circuits within the spinal cord.
- Can therapeutic intraspinal stimulation lead to sustained improvements in movement after injury?



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Mondello et al... Moritz *Frontiers in Neuroprosthetics* 2014

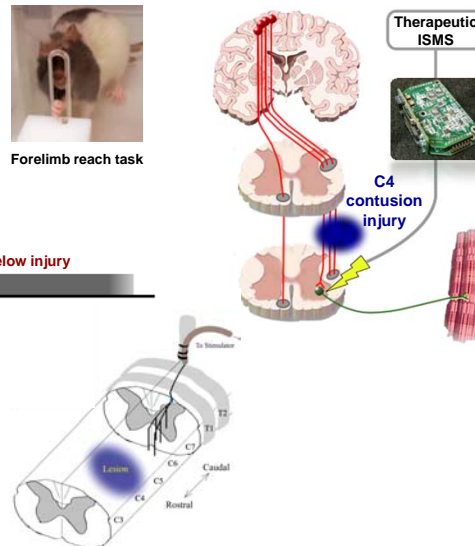
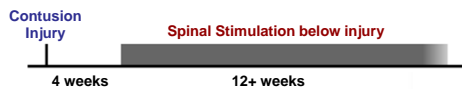
Therapeutic intraspinal stimulation

Examine Recovery benefit of ISMS that persist beyond the period of stimulation

- Rats trained at tested at precision forelimb reaching task (FRT)
- Receive lateralized C4 contusion injury
- Therapeutic ISMS 7 hrs/day for 12 weeks

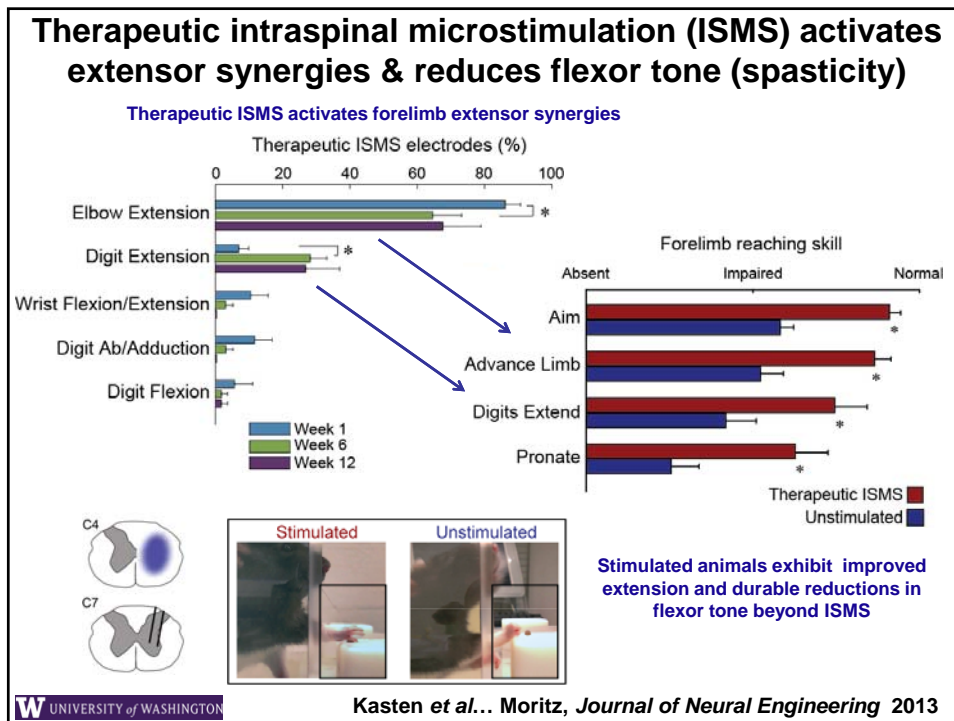
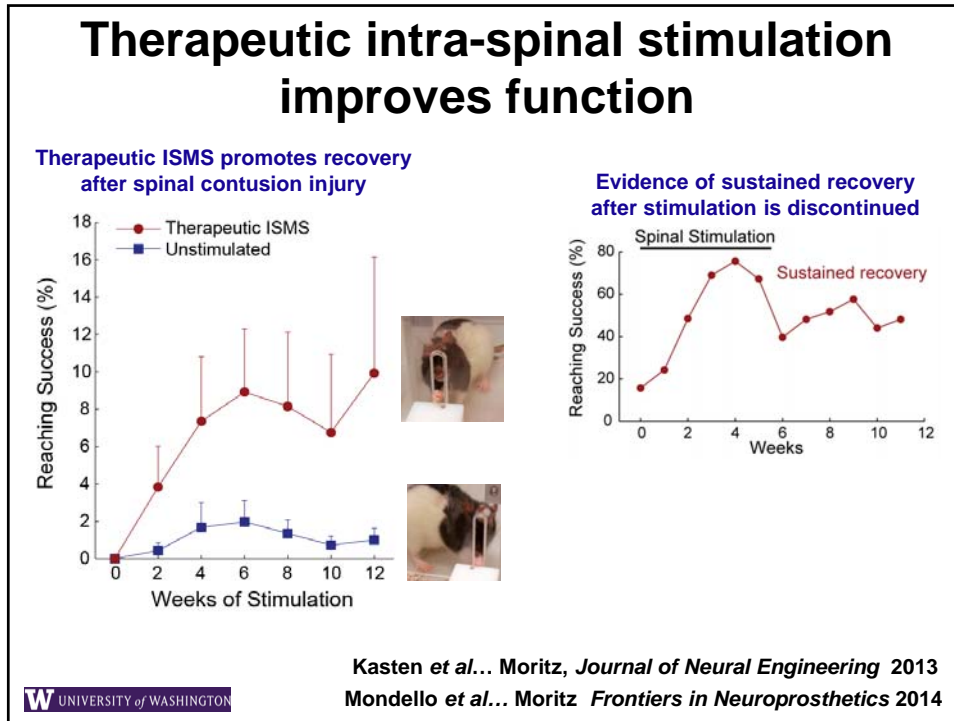


Forelimb reach task



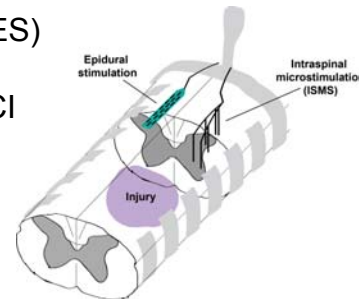
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Kasten et al... Moritz, *Journal of Neural Engineering* 2013



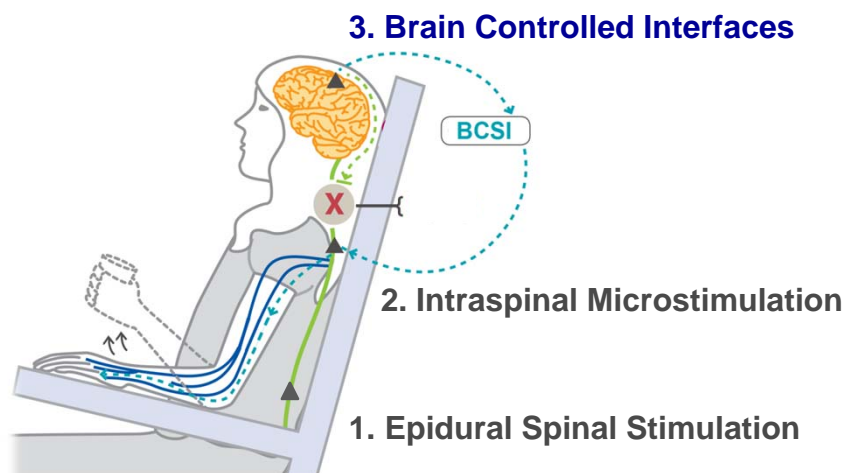
Potential mechanisms of therapeutic spinal stimulation

- Epidural stimulation: Bring networks closer to threshold so remaining descending drive can activate (Harkema et al. *Lancet* 2011)
- Intraspinal stimulation: re-regulate neural circuits below injury to improve tone/spasticity (e.g. 5-HT) (Kasten et al. *J Neural Eng* 2013)
- Muscle & nerve stimulation (e.g., FES) also improves tone/spasticity for animal and human subjects post SCI (Mirbagheri et al. *IEEE Trans Neural Syst Rehabil* 2002) (Jung et al. *J Neural Eng* 2009)



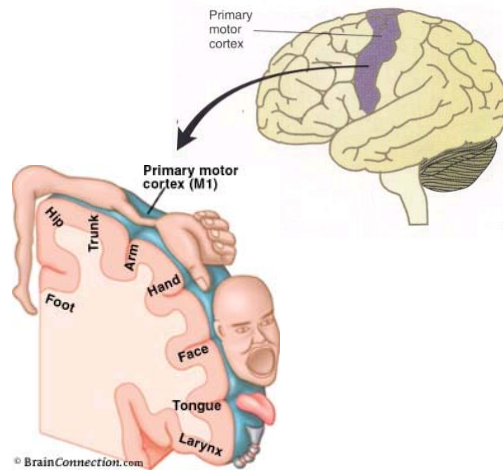
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Three approaches to restore limb function after SCI



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Brain-controlled interfaces to treat severe paralysis



Brain-computer interfaces typically focus on cortical motor areas



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Brain recording methods

Signals recorded from outside or inside the brain

Scalp based EEG



Humans control cursors & robot's choices

Wolpaw, Birbaumer, Rao, et al

Electrocorticography (ECoG)



Epilepsy patients control 2D cursors and robotic hand

Ojeman, Birbaumer, et al

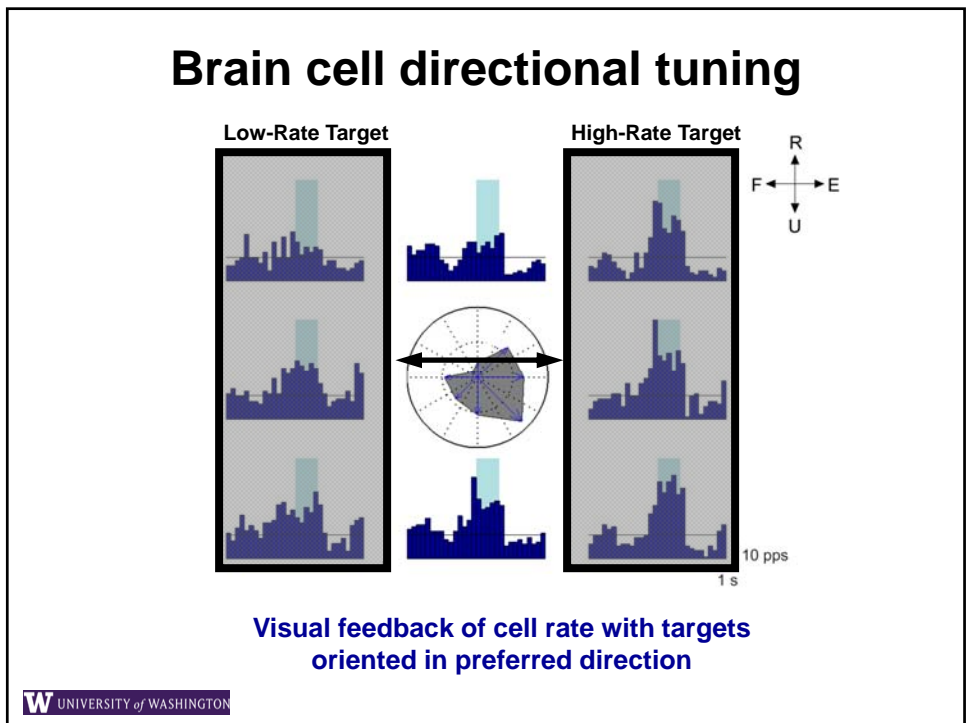
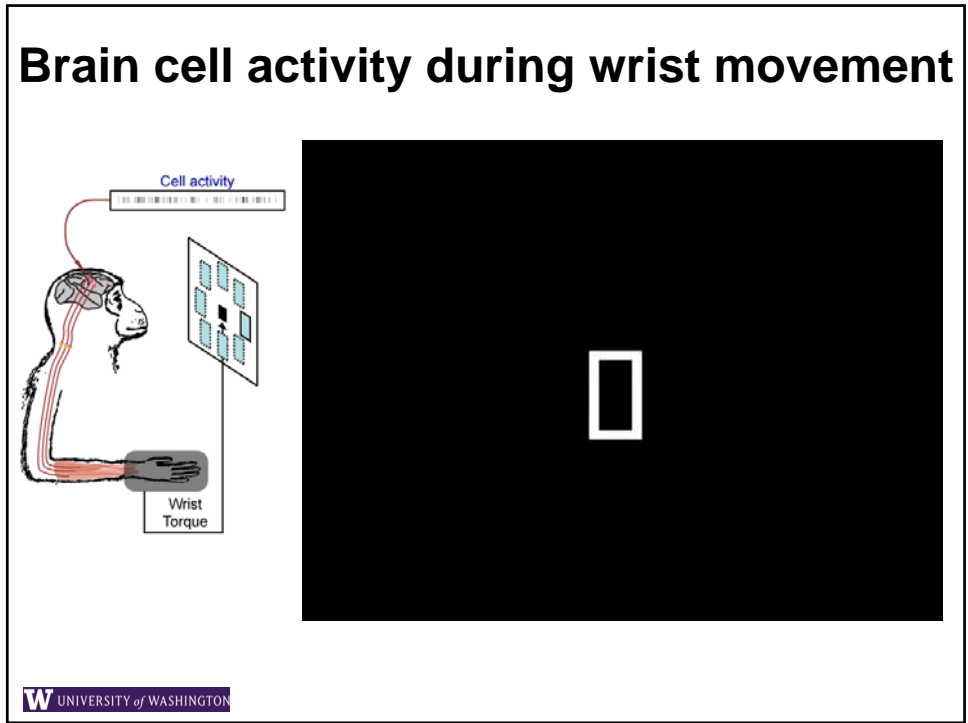
Intracortical electrodes



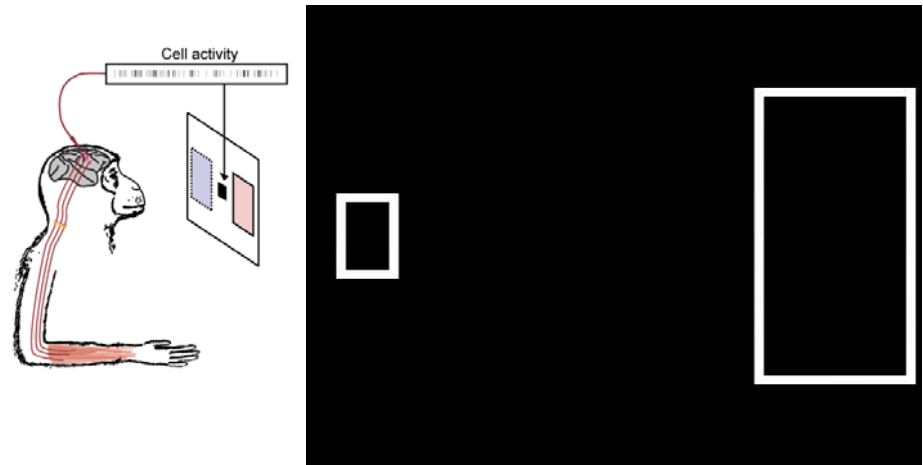
Monkeys & humans control cursors, robotic arms & hands

Donoghue, Schwartz, Nicholalis, Shenoy, et al

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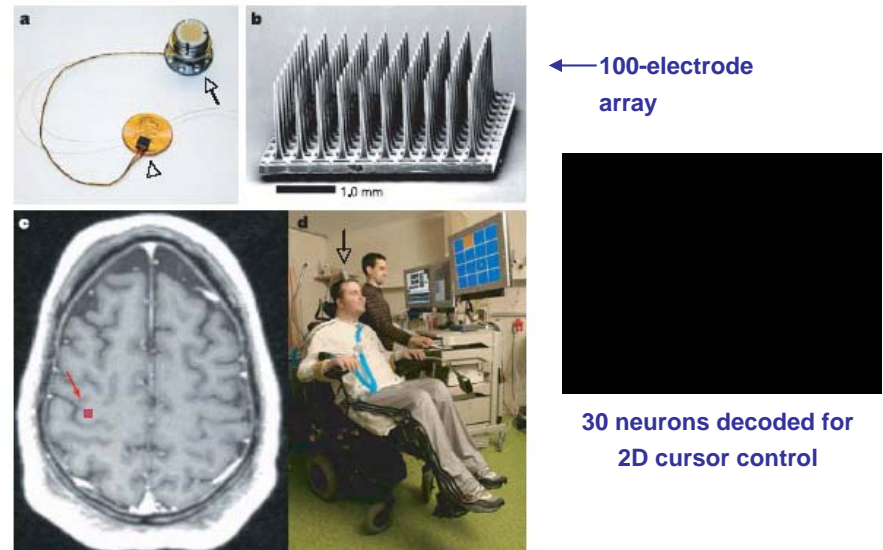
Monkey controls cursor with brain cell



The diagram shows a monkey's head and arm on the left. A red line representing a neural connection goes from the brain to a box labeled "Cell activity". This box is connected to a small white square cursor on a black screen. To the right of the cursor is a larger white rectangle representing a target. The monkey's arm is extended towards the screen.

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Decoding from human motor cortex



The composite image consists of four panels: (a) shows a circular electrode array with a 1.0 mm scale bar; (b) shows a 100-electrode array with a 1.0 mm scale bar; (c) shows an axial MRI scan of a human brain with a red square highlighting a specific area; (d) shows a person in a wheelchair using a computer interface. A blue arrow points from the text "100-electrode array" to panel (b). A black box contains the text "30 neurons decoded for 2D cursor control".

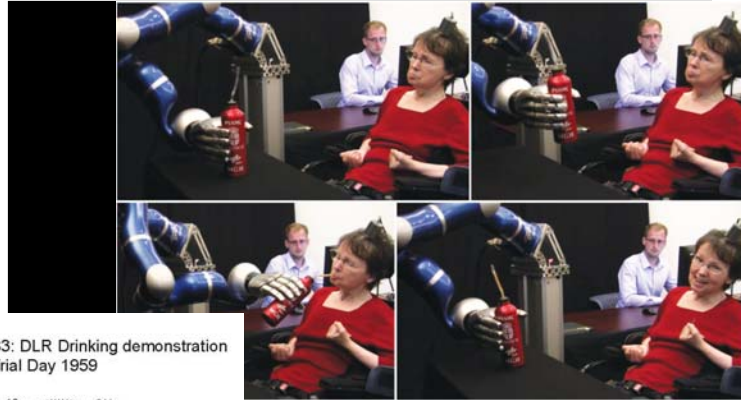
← 100-electrode array

30 neurons decoded for 2D cursor control

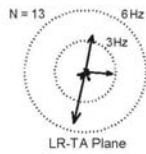
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Hochberg et al... Donoghue, *Nature* 2006

Control robotic arm 5 years after implant



f S3: DLR Drinking demonstration
Trial Day 1959

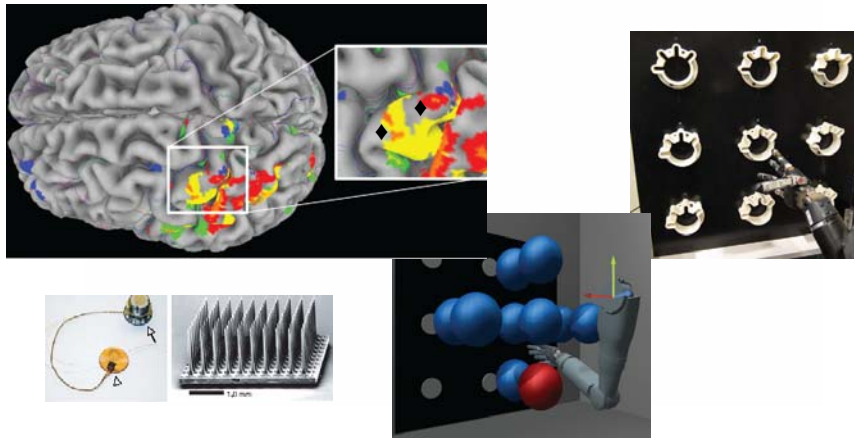


Serial 2D task + Grasp/Tilt using
only 3 to 13 neurons



Hochberg et al... Donoghue, *Nature* 2012

Human brain-control of 7 DOF robotic arm

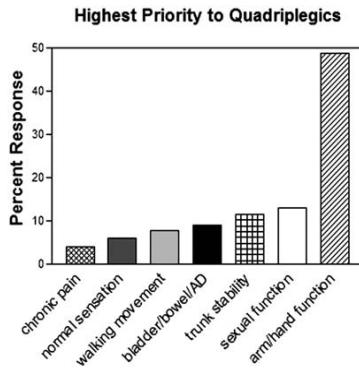


52 y/o woman with motor complete spinocerebellar
degeneration implanted with two Utah arrays in motor cortex

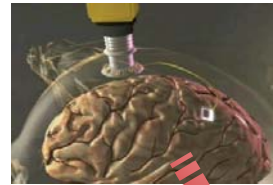


Collinger et al... Schwartz, *Lancet* 2012

Connecting cortical neurons to control muscle stimulation



Anderson, *J Neurotrauma* 2004



Extract control signals from brain

Reanimate limbs using muscle stimulation (FES)



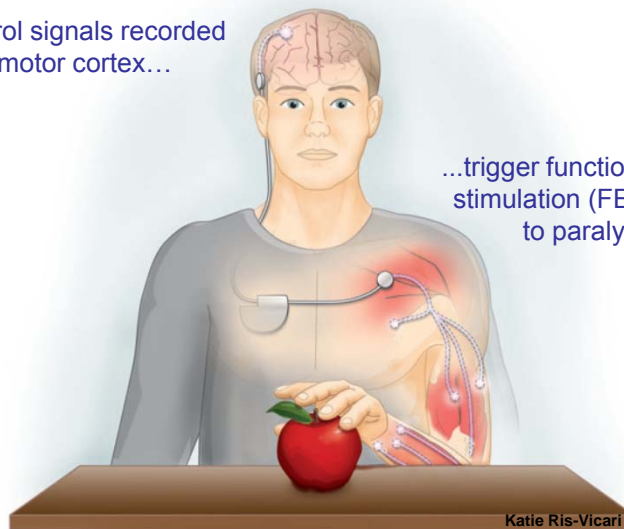
FreeHand, Peckham et al.

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Brain control of muscle stimulation

Control signals recorded from motor cortex...

...trigger functional electrical stimulation (FES) delivered to paralyzed muscles

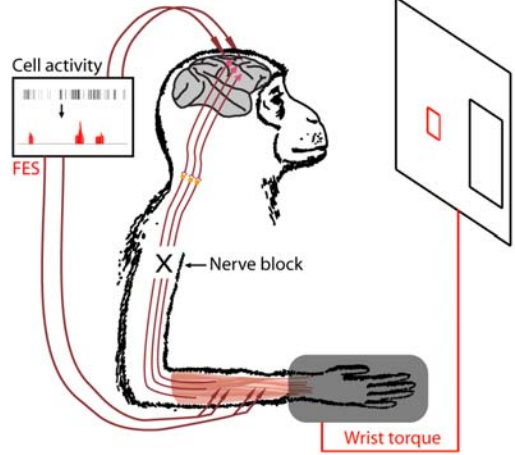


Katie Ris-Vicari


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News & Views on Moritz et al; S. Scott, *Nature Neuroscience* 2008

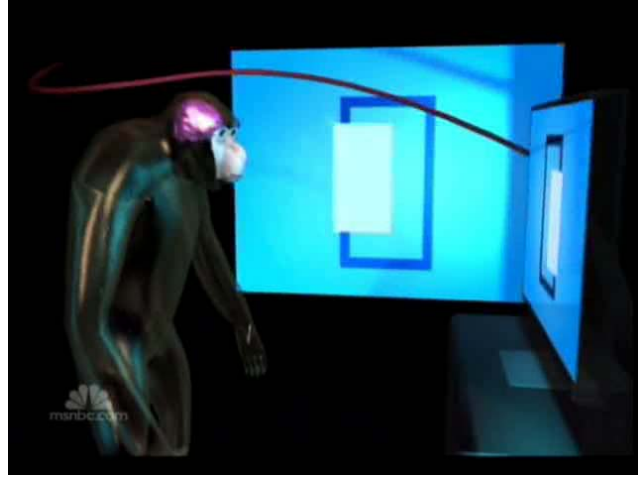
Brain-controlled muscle stimulation




- Cell activity directly converted to muscle stimulation (FES)
- Wrist muscles temporarily paralyzed by nerve block


Moritz et al... Fetz *Nature* 2008

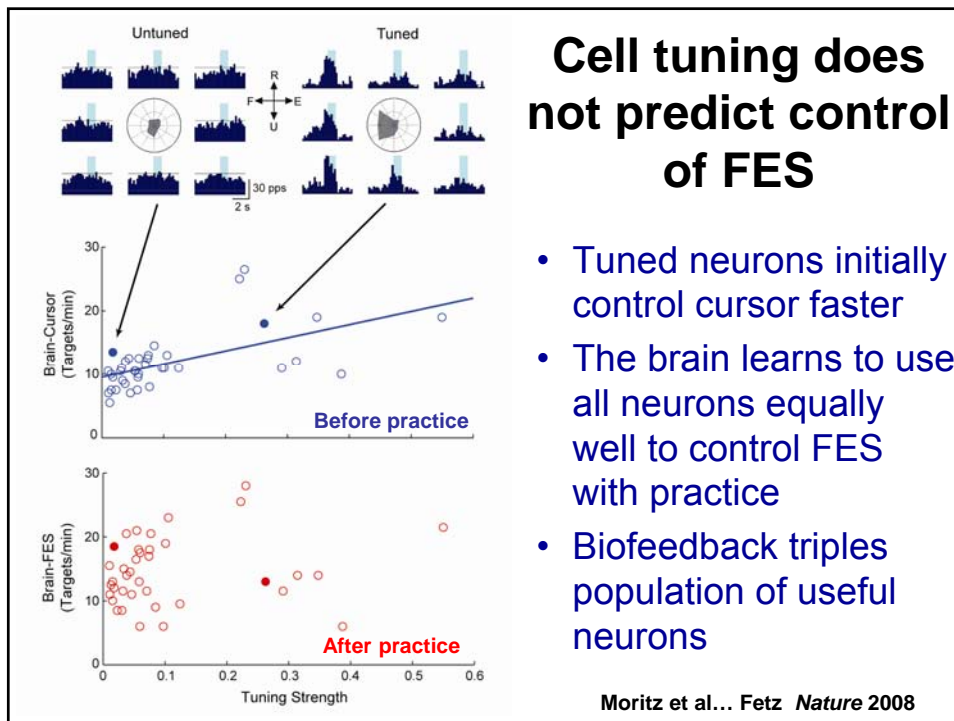
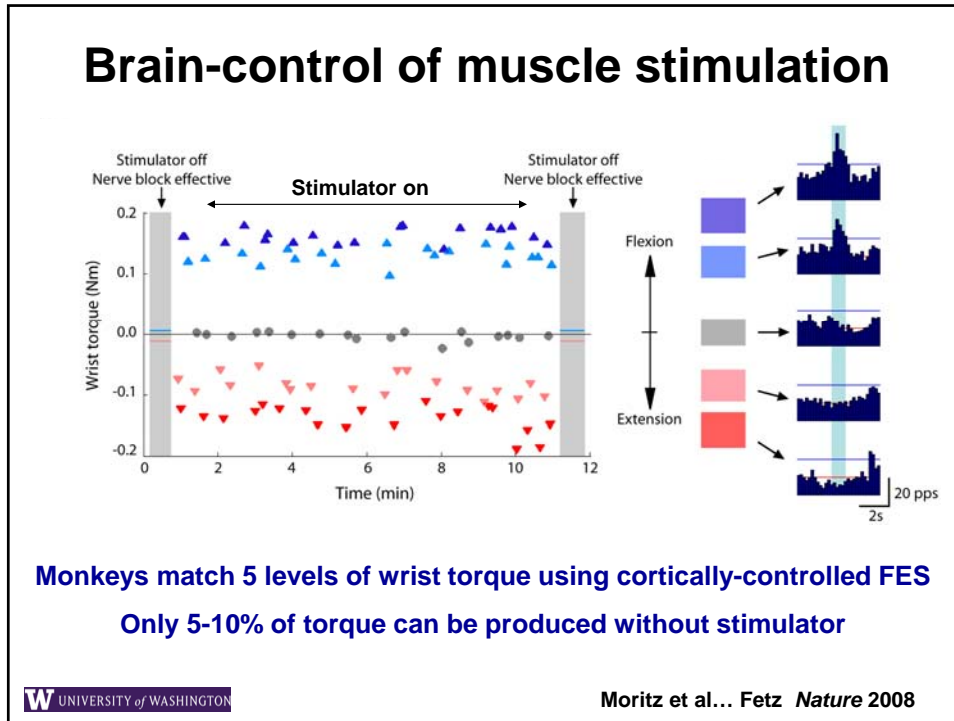
Cortical control of muscle stimulation




Moritz et al, *Nature* 2008

Cortical neurons move cursors on computer screen

Cortical neurons trigger FES of paralyzed muscles via standard or miniature computer



Three approaches to restore limb function after SCI

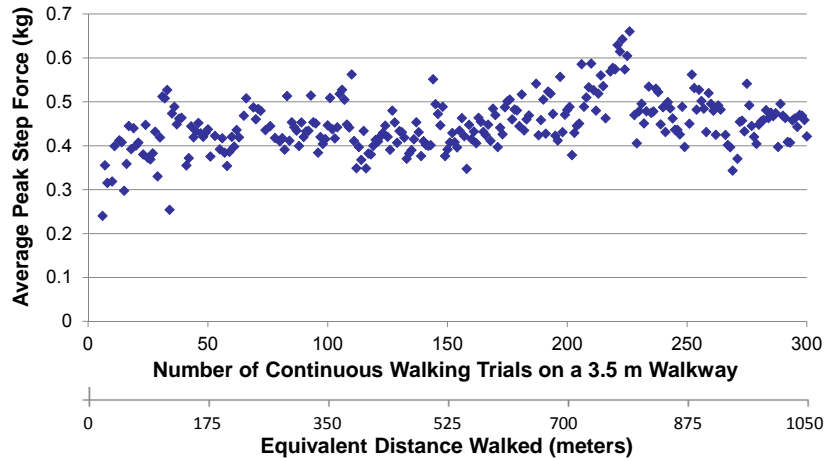
The diagram illustrates three approaches to restore limb function after a spinal cord injury (SCI). A person is shown sitting in a chair, with their brain and spinal cord highlighted. A red 'X' marks the site of the SCI. Three approaches are labeled: 1. Epidural Spinal Stimulation (indicated by a green arrow pointing to the spinal cord), 2. Intraspinal Microstimulation (indicated by blue arrows pointing into the spinal cord), and 2. Brain Controlled Interfaces (BCSI) (indicated by a dashed green circle around the brain and a blue arrow pointing to the spinal cord). The University of Washington logo is at the bottom left.

Advantages of intraspinal stimulation

- More natural recruitment order of motor units
(Mushahwar & Horsch, 2000)
 - Smooth grading of force
 - Fatigue-resistant contractions
- Elicit functional muscle synergies or reflex circuits from single stimulating electrodes, reducing number of electrodes & controllers
(Mushahwar *et al.* 2002)

The diagrams illustrate the anatomical setup for intraspinal stimulation. The top diagram shows a cross-section of the spine with labels: T11 spinous process, dental acrylic cap, microwires, spinal cord, and lead to stimulator. The bottom diagram shows a cross-section of a vertebra with labels: Vertebra, Acrylic cap, Hair-like microwires, and Spinal cord. The University of Washington logo is at the bottom left, and the citation 'Mushahwar *et al.*, J Neural Eng 2007' is at the bottom right.

Re-animate walking with ISMS for ~ 1kM



Lumbar intra-spinal microstimulation (ISMS) produces fatigue-resistant walking for ~10-fold longer distances than muscle FES

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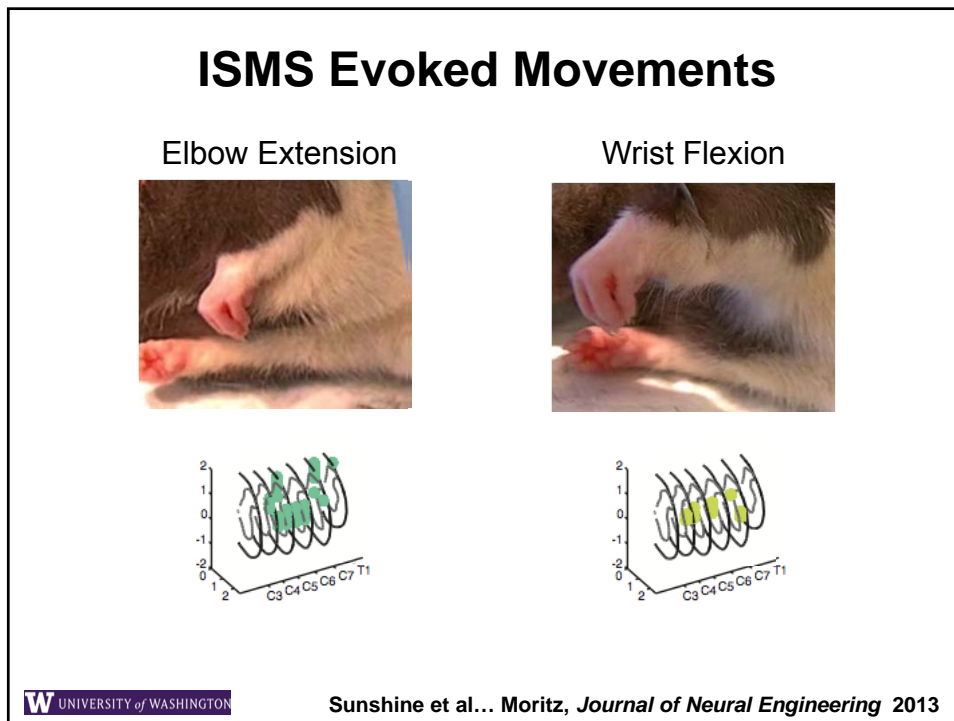
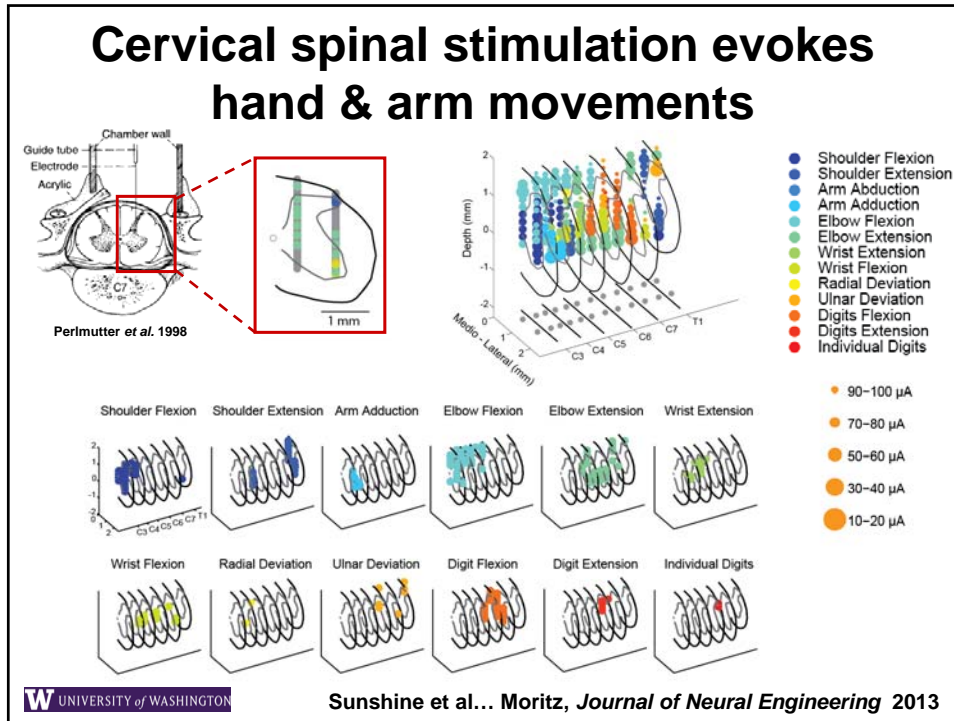
Mushahwar et al. In Review

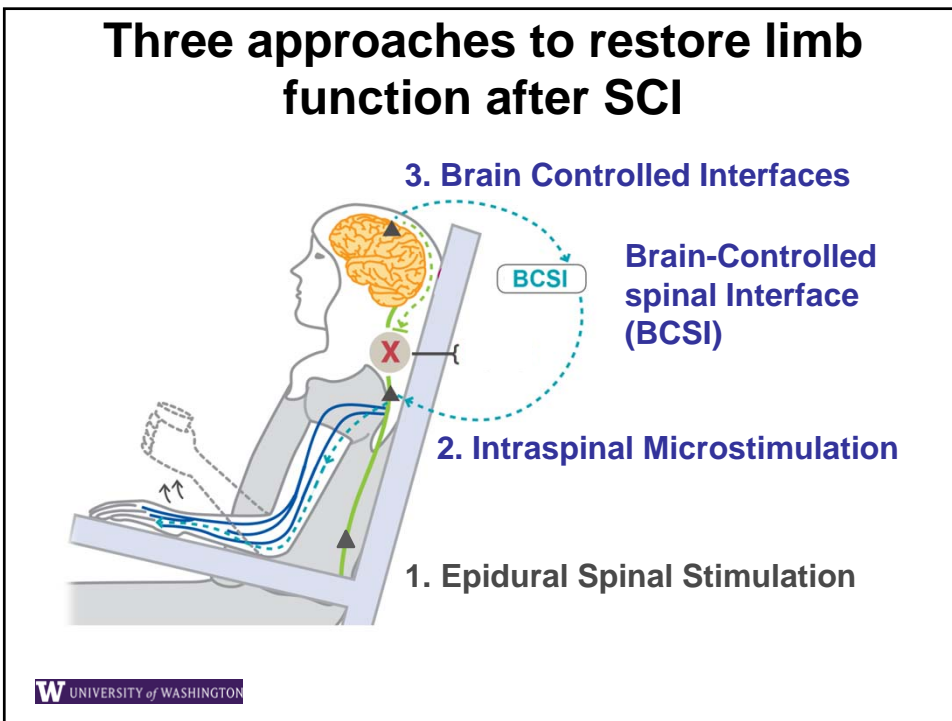
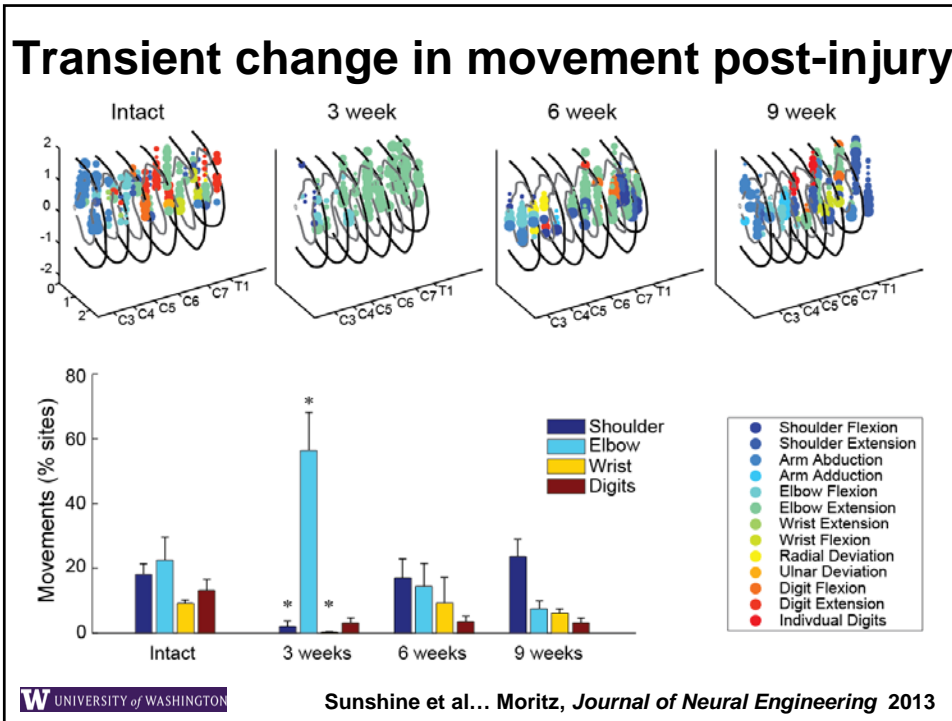
Cervical Intra-Spinal Micro-Stimulation (cISMS)

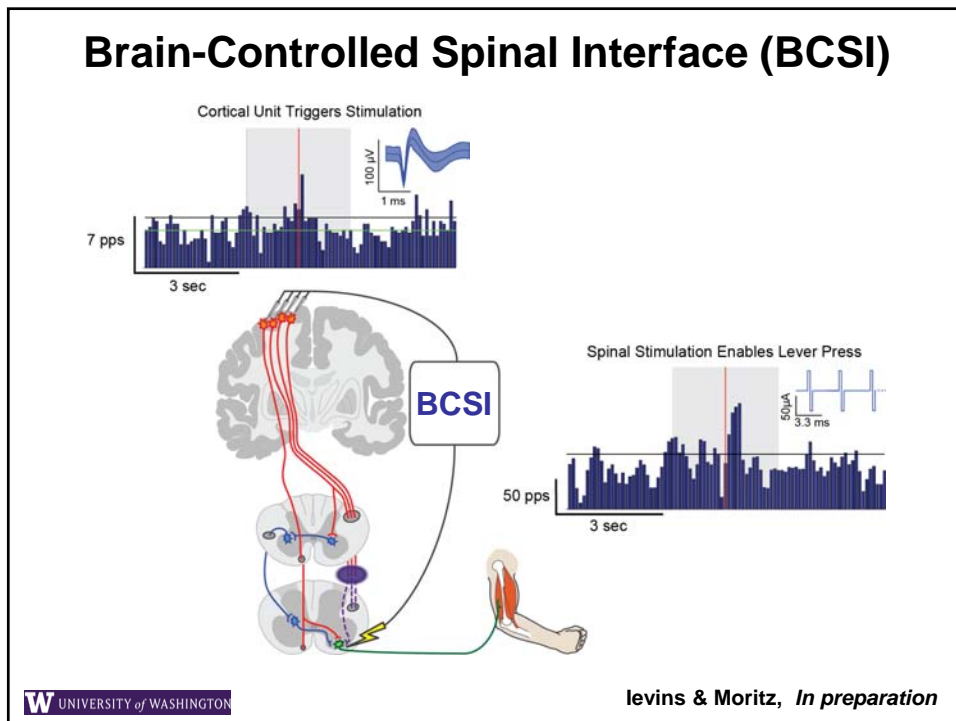
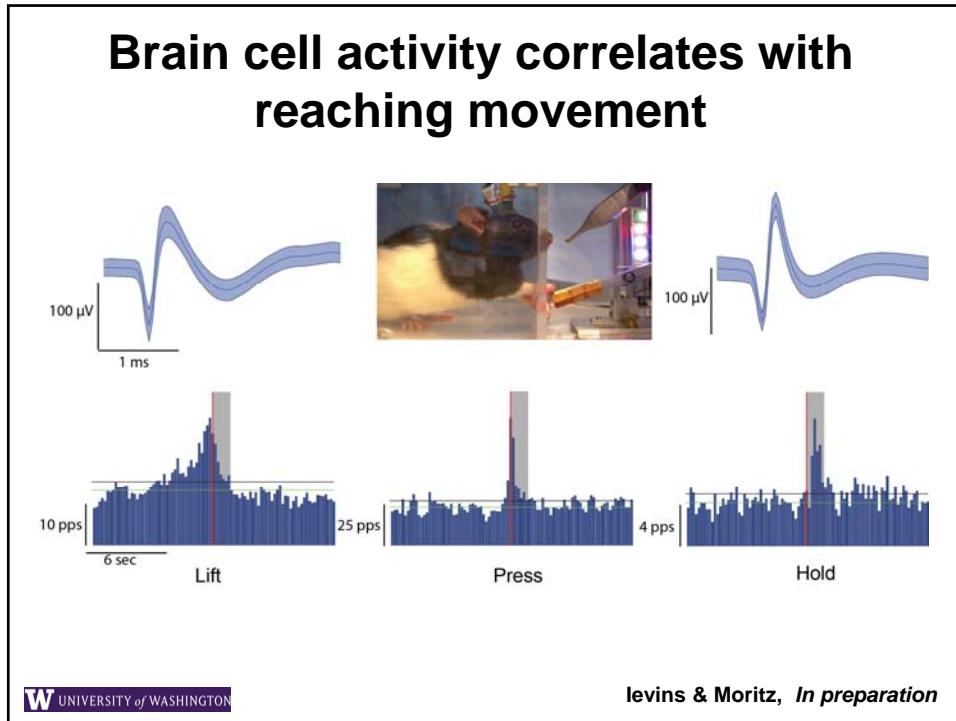


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Moritz et al... Fetz J Neurophysiol 2007

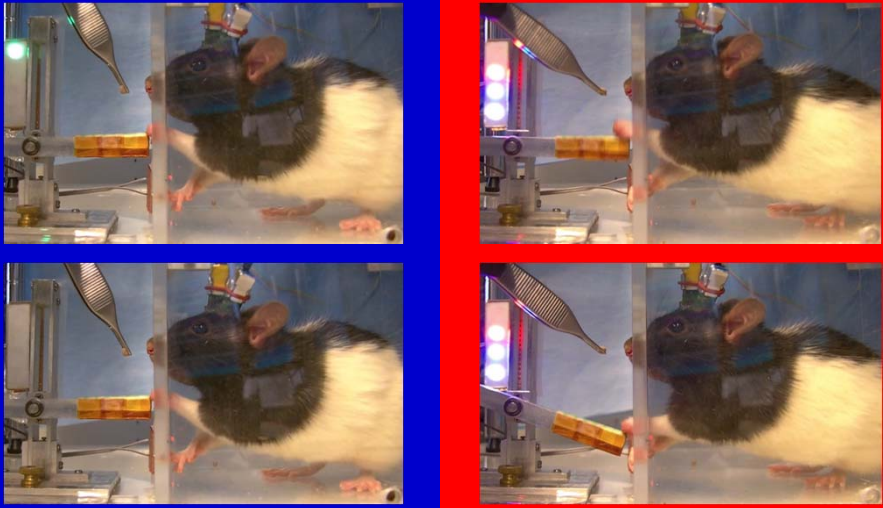




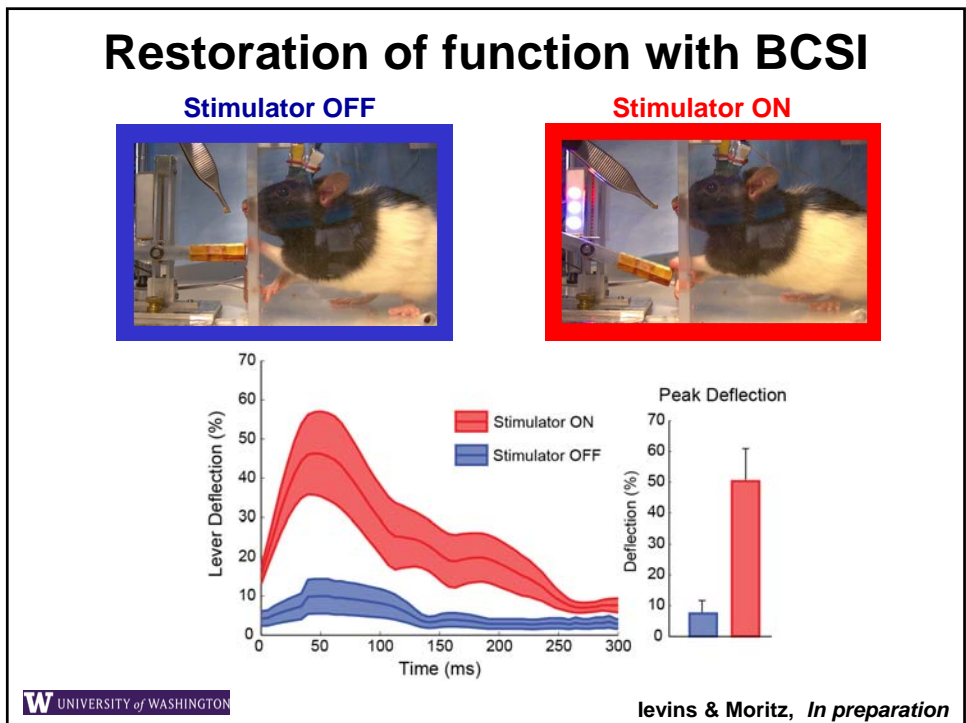


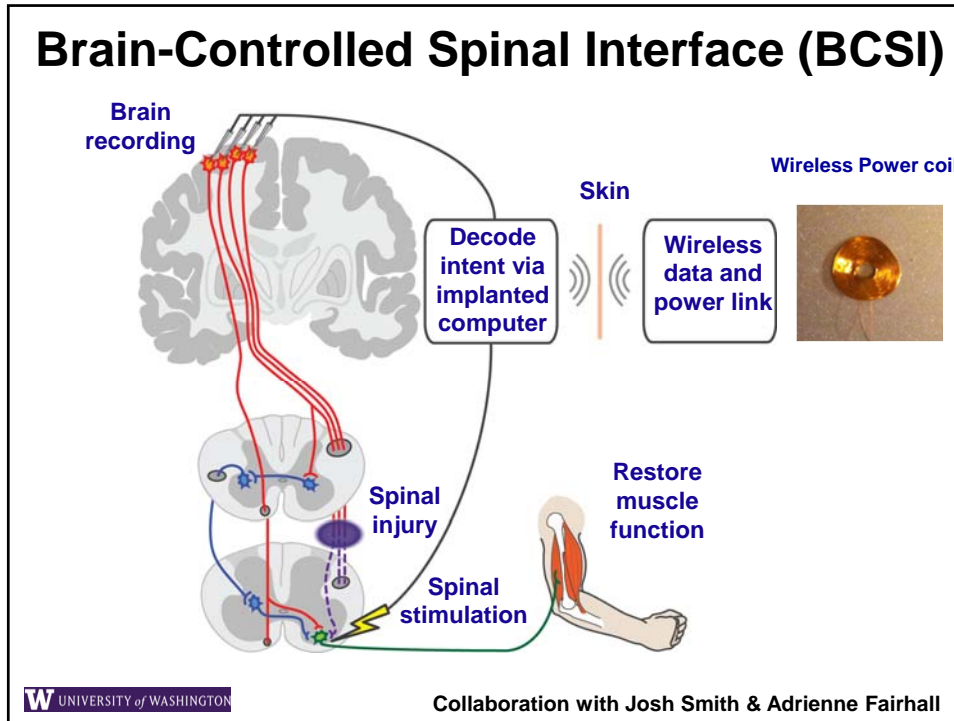
BCSI operation permits lever deflection

Stimulator OFF **Stimulator ON**

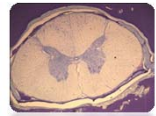
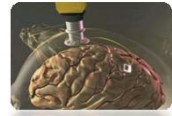
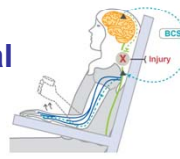


levins & Moritz, *In preparation*





Summary: Neural stimulation after SCI

1. Both epidural and intraspinal spinal stimulation enhance movement after injury. **Can spinal stimulation lead to long-term recovery of human subjects after SCI?** 
2. Recorded brain activity can be used to control computers, robotic arms and muscle stimulation. **Can brain computer interfaces improve quality of life after SCI?** 
3. Intraspinal stimulation evokes robust movements of the hand & arms after injury. **Is brain-control of spinal stimulation an ideal method for reanimation of paralyzed limbs?** 

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